

FOOD BUSINESS GULF & MIDDLE EAST

HIGHEST CIRCULATING FOOD MAGAZINE WITH PRINT & ONLINE READERSHIPS



FRUIT INGREDIENTS FOR FOOD & BEVERAGE INDUSTRY
AND FOOD SERVICE



TUTTOFOOD 2026: Connecting Retail, Foodservice and International Markets in an All-in-One Platform



Following a record-breaking 2025 edition, TUTTOFOOD Milano (May 11–14, 2026) further strengthens its position as a structured international sourcing platform connecting Europe with key global markets.

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Get Ready for Cibus Tec 2026: More Exhibitors, More Global Connections



From October 27 to 30, Parma will once again host Cibus Tec, Italy's leading platform for food and beverage technologies. Cibus Tec 2026 is shaping up to be bigger, more international, and more innovative than ever. Building on the record-breaking success of 2023, which welcomed over 1,200 exhibitors from 30 countries and 40,000 professionals from more than 120 nations, this edition promises an even stronger presence of major companies and cutting-edge solutions.

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Yeast Protein: Empowering Protein Snack & Supplement

Young Adults Consuming Walnuts Reported Improved Sleep Quality, New Study Finds

Eating a daily serving of about one handful of walnuts (40 grams or about 1.5 ounces) with dinner may help improve measures of overall sleep quality and reduce daytime sleepiness in healthy young adults

[Learn more](#)

Manufacturers to Unlock New Growth in Healthy Foods

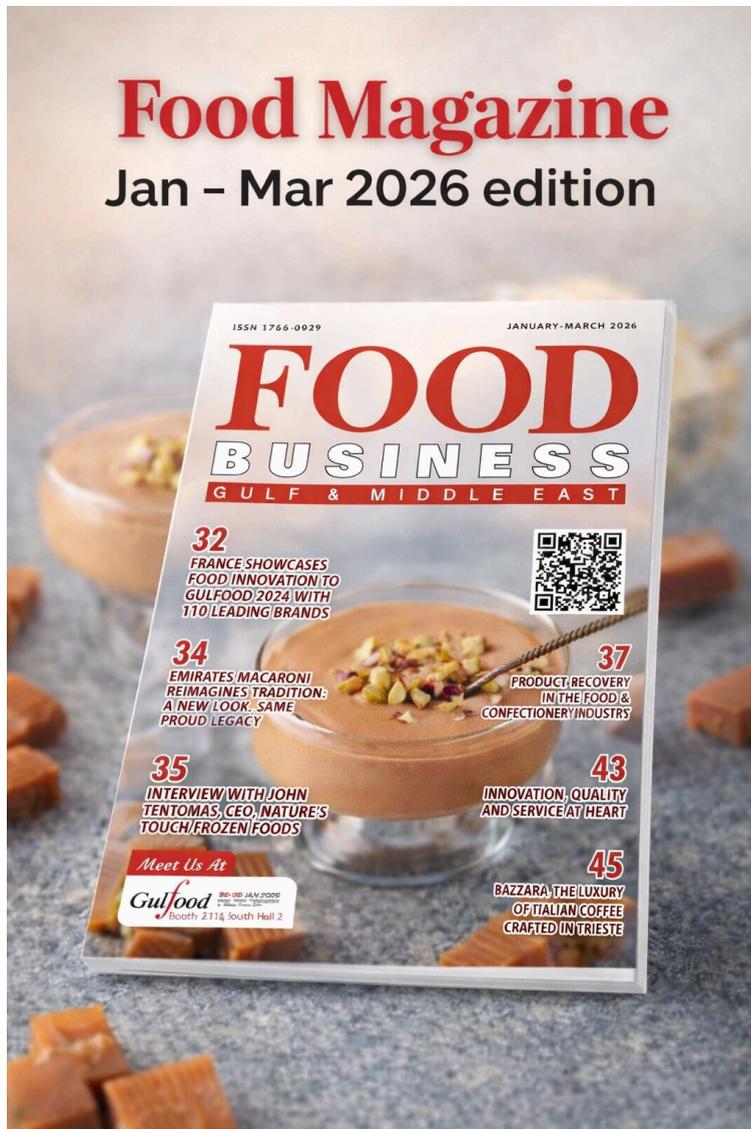
In the global healthy food market, protein puffs, bars, and powders are among the fastest-growing segments. According to a Grand View Research report, the global protein supplement market will reach \$29.78 billion by 2025.

[Learn more](#)



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